



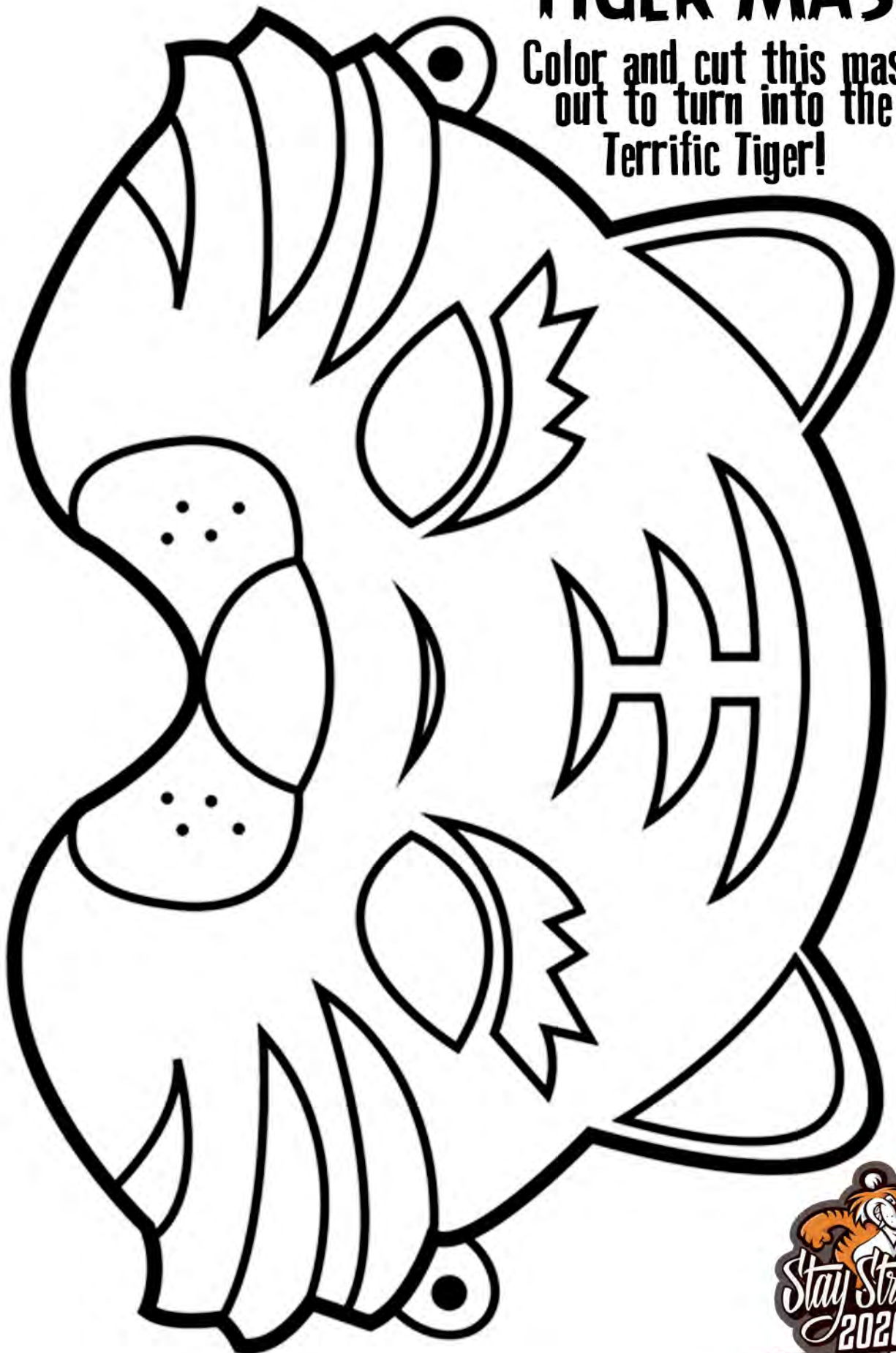
Stay Strong
2020

KEEP ON MOVIN'
SPRING TRAIL TIGERS

ACTIVITY
BOOK

TIGER MASK

Color and cut this mask
out to turn into the
Terrific Tiger!



Stay Strong MONDAY

OBSTACLE COURSE CHALLENGE

Build an outdoor obstacle course with items around the house and complete it as fast as you can! Time yourself and challenge others to go faster!

Help Terrific Tiger get through this obstacle course. Print a few out and try to get through it faster each time!



Stay Strong TUESDAY

DRIVEWAY CHALLENGE

In your driveway, play hopscotch, life size chutes & ladders, chalk, bullseye, 4 square, maze, alphabet hop, corners, or twister. Decorate the game with School colors!

Sketch out your games and ideas below. Share your plans with your friends.



Stay Strong WEDNESDAY

WHEELS CHALLENGE

Ride something with wheels! Bike, big wheel, skateboard, rollerblades, rollerskates or scooter. Don't forget to be safe and wear proper safety equipment when riding!

After some fast pace fun, slow down and take some time to color this scene of the kids biking. What color is your bike?



Stay Strong FRIDAY

1 MILE CHALLENGE

With your parents permission, try to walk a mile with your family and/or friends. Leave painted rocks or chalk drawings along the way to show your school spirit!

Color, cut this image out, and tape it to your front door. Maybe you will spot other Tigers along your walk!



GO TIGERS!

